



# 2D LAR BN



## Family Newsletter

June 2009

### Commanding Officer's Corner

by Major Cesar Rodriguez, Acting Battalion Commander

25 June 2009

Families and Friends of 2d LAR Battalion,

I would like to take this time to formally introduce myself to you. My name is Major Cesar Rodriguez. I am the Battalion Executive Officer and am currently the acting Battalion Commander for the Battalion Rear. As such, I am the senior Marine in charge of your Marines and Sailors that remain at Camp Lejeune, NC. I am married and have two children; a 13 year old daughter and a 9 year old son. I have been in the Marine Corps for just over 14 years and have been the Executive Officer of the Battalion for about 5 months now. It has and continues to be an honor and pleasure serving with the fine Marines and Sailors of 2d Light Armored Reconnaissance Battalion. They are a great group and work especially hard to meet the many tasks required of them on a daily basis.

We currently have a large number of Marines and Sailors deployed to Afghanistan. In addition to those deployed to Afghanistan, we have forces deployed to the Mediterranean Sea, Iraq, and even

South America. We currently have personnel deployed with the 22d Marine Expeditionary Unit (22d MEU) as well as several Individual Augmentees (IA) who are forward deployed to Iraq, Afghanistan, and onboard ship conducting training in South America. 2d LAR Battalion is an active participant in our nation's ongoing war on terror. Despite all the Marines and Sailors currently forward deployed the majority of the Battalions forces remains in Camp Lejeune, NC.

It continues to be especially busy with little to no time for rest. Company A continues to train for its upcoming deployment with 4<sup>th</sup> LAR Battalion later this year. Companies B continues to man, train, and equip the LAR platoons that deploy with the MEUs. One platoon is currently deployed, one is currently attached to Battalion Landing Team (BLT) 1/9 for its deployment later this year, and the other platoon is forming for its eventual deployment in 2010. Company E continues to man, train, and equip for any future deployment as may be directed. Lastly, our Headquarter and Service Company (H&S) continues

to provide superb administrative and logistical support for the Battalion while conducting training of its own.

Although, there is much to do in the Battalion, we continue to make time to support our families. Over the last few months we have had a few battalion events for the families as well as supported a few company level events. Several new family members have joined our family readiness team by signing on as volunteers. Congratulations and thank you for making a commitment to volunteer your time and effort to support the families of the Battalion. We appreciate your sacrifice. Remember, we encourage families to get involved, but we never want anyone to feel over-burdened. Our program is inclusive, and will never be exclusive. Our motto remains, help when you can, where you can, even if it's not within your Marines and Sailors Company. We are all one family. To date, support has been great. Thank you very much.

In closing, I want to thank all the families for being so understanding concerning the uncertainty and fluidity of the deployment process to date. It has been a tremendous undertaking to deploy an additional 10,000+ Marines

and Sailors into a new area of operation in a tremendously compressed time period. It has been a much different experience as compared to the routine rotation of units into and out of Iraq. It has been difficult and frustrating at times. Your patience and understanding has been appreciated and has not gone unnoticed.

I look forward to meeting each and every one of you if you are ever in the Battalion area or are visiting Camp Lejeune. We look forward to seeing you later this year when our Marines and Sailors return from their deployments in Afghanistan, Iraq, the Mediterranean or where ever they may be.

Sincerely,

Major Cesar Rodriguez  
Acting Battalion Commander, LAR Battalion Rear

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## Chaplain's Corner

To the Families of 2D LAR Battalion,

Since my arrival to 2D Tanks in November of last year, it has been my privilege to work with Chaplain Rivers in serving the Marines and Sailors of our battalions. As Chaplain Rivers has pushed out for training and then deployment, he and the command of 2D LAR have asked me to serve as the chaplain on call.

By the end of July, I will be making a transition from Tanks to 2D CEB, preparing to deploy with their battalion. In my place, Chaplain Joel De-

Graeve, from 2/2, will be coming to Tanks. At that point I will focus my efforts on CEB, with Chaplain De-Graeve covering for LAR, but I will also be on call in case of any need.

In the past months I have counseled many Marines and Sailors from LAR, and I will be available to meet for any follow-up sessions as needed until I deploy. I can be reached on my mobile phone at 307-751-4297.

I would like to express my appreciation to the command and staff of 2D LAR for the welcome I have received at

each meeting and event I have attended. I am honored to have served your battalion, and stand ready to serve in any way as we make the next transition.

My prayers are with every member and family in your battalion, especially those who are forward deployed.

God bless you all,  
Very Respectfully,  
Chaplain David Duprey  
2D Tank Battalion

## Family Readiness Officer's Corner

We have been very busy utilizing the MCT (Mass Communication Tool) in order to update you regarding the deployed Marines and Sailors as well to pass information pertaining to events at 2D LAR BN and some events by Camp Lejeune.

In the month of June, I sent out 19 messages (some of those messages had glitches) to various battalion companies (C, D, and H&S), family members, and volunteers. If you have not been receiving information via your cell phone or email, please contact me at [susan.toney@usmc.mil](mailto:susan.toney@usmc.mil) and let me know. There could be a number of

reasons why you may not be receiving messages.

A reason why you may not be receiving a message is that your information might not be loaded onto MCT (A, B, E companies will be uploaded by the end of July). Other reasons may include an error with data input, illegible writing by the Marine/Sailor on their contact information sheet, Marine/Sailor may not have completed a contact information sheet (ask them to stop by my office on the 2<sup>nd</sup> deck of 2D LAR BN), or the service member may have changed units within 2D LAR BN and did not notify me. As you can tell, there

are many reasons why you may not be receiving MCT messages. What ever the cause, it is important to contact me so I can make corrections or additions to the system. If you move temporarily, please let me know that as well.

I look forward to utilizing the MCT to provide information to you all. If you have any questions, please feel free to contact me.

Sincerely,

Susan Toney,  
Family Readiness Officer, 2D LAR BN  
(910) 381-0651 cell  
(910) 451-1620 office

## Destructive Weather - Shelters - Be Prepared

The following places are for **people** only. Camp Lejeune High School, Tarawa Terrace II Elementary School, Goettage Memorial Field House, Stone Bay Gymnasium, Camp Johnson Gymnasium, Stone Street Youth Center, Brewster Middle School, and Building 1212.

**What to Bring:** Pillows, blankets, food, water, prescription medications; small toys, games, and books for young chil-

dren. **No pets, alcohol, or firearms permitted.**

**Off Base Shelters** include: White Oak High School (1001 Piney Green Rd.), Richlands High School (401 Woodson St.), Southwest Middle School (1420 Burgaw Hwy.), Jacksonville Commons Middle School (315 Commons Dr.), and Swansboro High School (near Queens Creek).

**PETS:** An emergency pet shelter will be

located at Jacksonville Commons Middle School with the American Red Cross shelter in the event of a disaster this year. Dogs, cats, and caged birds which are accompanied by their owners staying in the shelter will be accepted. No other types of animals will be accepted. Only individuals who have checked in to stay at the emergency shelter will be allowed to bring pets.

Continued on page 4

## Baskets for Babies

Baskets for Babies has been put together by our volunteer, Jill Pirk. As our Battalion is notified of births of 2D LAR BN married families, Jill is then notified and puts together beautiful baby baskets as the ones shown below for the new family member. The baskets are sent along with a letter from our CO to the new family member.

Baskets for Babies is operable only as funds are available. This program is strictly funded by the benevolence fund which is open to anyone who wants to participate but limited due to the amount of funds available in the benevolence category. Thank you Jill for your wonderful talent and donation of your time and energy!



## Company D Update

Dear Delta Co. Family and Friends,

We made it! As of today we have been in country about a week and a half and in that short time the men of Delta Company have moved mountains. They have spent grueling hours in the heat of the day preparing vehicles while simultaneously executing a rigorous training schedule and drawing additional gear. I see motivation and enthusiasm emanating from the men as they complete each task assigned without complaint. I walk amongst giants and I am both proud and humbled to belong to such a professional group of men.

We are currently aboard Forward Operating Base (FOB) Leatherneck and living in one large tent. It is simple, but home and we are all sharing it together. The facilities are limited, but the men are getting three hot meals a day, clean laundry, showers and

use of a small store and barber shop. The ability to communicate back home is limited to phones and letters and the 1stSgt has made every effort to ensure the phones are available day and night for the men to call loved ones. I hope at this point you have received a call from your Marine or Sailor letting you know they have arrived and are doing well. The men are receiving mail and it seems the best mechanism to send a letter in a timely manner is moto-mail, which usually arrives within 24 hours.

Before I close it is important for me to remind you that when talking to your Marine or Sailor please do not discuss any sensitive information. Our safety and security is potentially jeopardized anytime the Marines or Sailors discuss details of what we are doing, where we are going, number of personnel or time lines. We all appreciate

your understanding in this sensitive matter.

As a reminder the following is our deployed address:

Rank, last name first name  
D Company, Plt (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, Wpns, HQ)  
2d LAR BN DET A  
Unit 73526  
FPO AE 09510-3526

Please continue to look for our monthly newsletters and visit our unclassified website at: [http://www.iimefpublic.usmc.mil/public/InfolineMarines.nsf/\(ArticlesRead\)/E43BDC5473D1B333852575C50070C31F?OpenDocument](http://www.iimefpublic.usmc.mil/public/InfolineMarines.nsf/(ArticlesRead)/E43BDC5473D1B333852575C50070C31F?OpenDocument). We will do our best to keep you connected with your Marine or Sailor.

Semper Fidelis,  
Gerard C Dempster, Captain, USMC

# H&S Company Update

First, we want to thank the families and friends of H&S Company for their continued support during our ever-changing deployment departure schedule. We sent our second group of Marines, and possibly our last for this particular deployment, off to Afghanistan in early June. The Marines currently in Afghanistan are adjusting well to their environment and morale is high despite the intense heat, sand, and long phone/laundry lines. They look forward in meeting their counterparts that left earlier this month and making final preparations for their upcoming operations. Please continue to keep our deployed Marines and Sailors, and their families in your thoughts and prayers.

The rest of the company at Camp Lejeune are tirelessly re-familiarizing themselves with traditional Marine Corps life by continuing to train, and maintaining and repairing equipment

that has worn over the recent years due to the increased deployment cycle. Marines of H&S Company are keenly aware that the safety and survival of deployed Marines rests with top-quality equipment, and they take great pride and care to ensure this mission is accomplished. Some of the upcoming training events include a company conditioning hike, pistol range, convoy training through the Division Training Center; and everyone's favorite, the gas chamber.

**"Morale is high despite the intense heat, sand, and long phone/laundry lines"**

Lastly, we are excited to invite all H&S family members to the upcoming H&S Company Field Meet/Family Day. The fun filled event will take

place at 1100 on the 25<sup>th</sup> of June at the Battalion Destroyers Den located behind 2d LAR Bachelor Enlisted Quarters. Some of the events/activities to take place are a dunk tank, bouncy house, and tattoo and face paint artist. We will also have competitive events for both adult and children. Competitions and relays will start at 1200 and be broken down into age groups including: 5-6, 7-8, 9-10, 11-12, and 13-14. Food and drink to include a pig roast will be available for all to enjoy. H&S Company wives' shirts will be available for purchase. The cost of the shirt will be \$15, with \$2 going to the Battalion Benevolence Fund, to aid Marines and their families with new born children in the form of care packages. We hope to see you all there and dunk the Company Staff and Officers into the tank.

## Destructive Weather - Shelters - Be Prepared from pg. 2

Pets will be housed in an area separate from people, but owner will be expected to provide feeding and exercising care for their own pets. Volunteers will provide overnight care for the emergency shelter and care for the pets of the elderly and disabled. You must bring with you to the shelter: Crates for dogs/cats; cages for birds, Pet food (enough for 72 hrs) and bowls, Pet medications, Pet vaccination records, and Collar with ID tag and leash..

Hurricane information on page 9. Local motels and boarding information on page 10. Weather related links on page 10.

## Upcoming Events/Important Dates

**July 9th** - Operation Deployment Delivery - **Time:** 11:45 am **Location:** Front Desk of Base Hospital. Information regarding epidurals and pain management. Children are welcome to attend.

**July 11th** - BN Book Club - **Location:** Carmike Theater **Time:** 6:00pm (Movie begins at 6:30pm) Watch and compare book to movie "My Sisters Keeper." All participants will pay for themselves for this event.

**July 23rd** - Operation Deployment Delivery - **Location:** 2D LAR BN Classroom **Time:** 6:30 pm Follow up on the 9th and social time.

(continued on page 7)

# Sending Letters & Packages

The United States Postal Service has a list of restrictions for sending mail and packages overseas to our military service members. Using the provided website below, please scroll almost to the end where you will find the header "Restrictions".  
<http://www.usps.com/cpim/ftp/bulletin/2003/html/pb22101/apofpo.html>

The best way to find out what would benefit your Marine or Sailor is to ask in a letter or during a phone call. Make a list based on their want/needs and verify that all the items mentioned are permitted.

Another website you can use as a point of reference is found from the Marine Parents website. This page: <http://www.carepackageproject.com/needs-list.asp> details items most needed by those who have been there and are still there. It is important to double check the list from the USPS site to ensure all items are allowed.

Send all packages by regular mail. There is no way of getting packages to your Marine or Sailor faster, so save your money.

## Battalion Happenings

The Battalion has several groups/projects of interest for families to get involved in but we want to ensure you have the correct contact information for each committee member in charge. Please contact them for information on how you can get involved!

### Book Club

Alane Madsen, [amads103@yahoo.com](mailto:amads103@yahoo.com)

### Operation Deployed Delivery

Heather Luis, [polku2405@yahoo.com](mailto:polku2405@yahoo.com)

Lauren Peterson, [laurenlizabeth@hotmail.com](mailto:laurenlizabeth@hotmail.com)

### United Through Reading

Michelle Varga, [pcvarga@yahoo.com](mailto:pcvarga@yahoo.com)

Please also refer to the calendar located: [http://calendar.yahoo.com/camplejeune\\_2ndlar\\_bn](http://calendar.yahoo.com/camplejeune_2ndlar_bn)

**Get Involved Today!**  
**Groups of Interest**

## A Special Thank You!

Thank you to all the volunteers who have joined the 2d LAR BN Family Readiness Team. Your continued efforts will allow the Battalion's programs to succeed!

Our **Family Readiness Advisors** are Maria Dempster, Jay Grattan, Marisa Latham, Karen Morrison, and Shelly Rodriguez.

Our **Family Readiness Assistants** are Shelbie Billiot, Sophie Blevins, Lisa Bullock, Lisa Dober, Michelle Hilliard, Shelly Keller, Jenny Killingsworth,

Kristen Kirksey, Heather Luis, Maggie Meza, Ashlyn Turner, and Michelle Varga.

Our **Morale Support Volunteers** are Ruby Clendenning, DeAnna Contreras, Kim Cuneo, Tana Groves, Theresa Heingarten, Jenny Ingels, Alane Madsen, Michelle Marsh, Clara McDaniel, Lauren Peterson, Megan Stansberry, Brittany Wolter, and Jessica Leach.

Our **Unique Support Volunteers** are Jill Pirk and Amanda Winn.





# 16 hours/month free child care is now available to the children of deployed Marines!

Call 1-800-424-2246 today to learn about  
**NACCRRRA's USMC DEPLOYMENT RESPITE CARE** and  
how your family can receive this care



## Who qualifies?

- ★ Families with a deployed Marine

## You may be eligible for Hourly Respite Care if you are a Marine Corps Family and:

- ★ Your Marine Spouse is deployed, and
- ★ You are enrolled in OMCC (Operation Military Child Care) fee assistance, or
- ★ You need to find occasional child care

## What is Operation Military Child Care (OMCC)?

- ★ Supports the temporary child care needs of deployed Marine Corps parents
- ★ **Who's eligible?**
  - Families/guardians of the children of deployed Marines
- ★ **Benefits to Marine Corps families**
  - Helps Marine families locate licensed child care options in their community
  - Reduces child care fees for full-day care

## How do I apply for free Hourly Respite Care?

- ★ Call **Child Care Aware®** at 1-800-424-2246



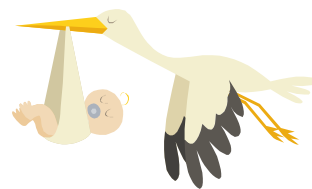
National Association of Child Care Resource & Referral Agencies • 3101 Wilson Boulevard, Suite 350  
Arlington, VA 22201 • Phone (703) 341-4100 Fax (703) 341-4101 • [www.naccrrra.org](http://www.naccrrra.org)  
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# Operation Deployed Delivery

Operation Deployed Delivery is supported by committee members Heather Luis and Lauren Peterson.

Provides support, information, and resources to ladies who are pregnant while their spouse is away. Open to anyone who wants to attend and ladies who have children are encouraged to join us in helping others during their special time.

The group meets on the 2nd and 4th Thursday of the month. 1st meeting to provide a guest speaker and the 2nd meeting to provide a social outlet. Please come and join us as we help empower those spouses who are expecting.



**Date:** 2nd and 4th Thursday each Month  
(Meet & Greet 6:30 pm) (Meeting 7:00 pm)

**Location:** 2D LAR Classroom

**Mission:** provide support for wives who are expecting. We are here to offer comfort, support, and hope for expecting mothers in our family. Meetings will provide resources and information, and will include topics like Red Cross, WIC, and what to expect.

## Thank You AMDG Foundation!

We would like to thank the AMDG Foundation for making a \$5,000.00 charitable contribution to the Injured Marine Semper Fi Fund in honor of the 2D LAR BN.

We appreciate your generosity and kindness and thank you on behalf of all the Marines, Sailors, and family members of 2D LAR BN.

## Upcoming Events/Important Dates *cont'd*

**July 26th** - BN Book Club Location: Base Library **Time:** 3pm - 5pm. Childcare is available. The book will be "Divine Secrets of the Ya-Ya Sisterhood."

**July 27th** - Charlie Company Spouses Chick Flick Night Location: Base Theater **Who:** All Charlie spouses/girl friends To watch "He's Just Not That Into You" **Time:** 6:30 pm. Hot dogs, drinks and popcorn - free.

Please refer to the online calendar for updated information for 2D LAR BN

[http://calendar.yahoo.com/camplejeune\\_2ndlar\\_bn](http://calendar.yahoo.com/camplejeune_2ndlar_bn)



## Press Release

MARINE EXPEDITIONARY BRIGADE-AFGHANISTAN

PUBLIC AFFAIRS OFFICE, DSN: 318-357-2384

WILLIAM.PELLETIER@AFG.USMC.MIL

<http://www.iimefpublic.usmc.mil/public/iimefpublic.nsf/unitsites/2dmeb>

FOR IMMEDIATE RELEASE, July 8, 2009 6 p.m. local time, PRESS RELEASE 09-06

KHAN NESHIN, Helmand Province, Islamic Republic of Afghanistan –

The Afghan national flag was raised above Khan Neshin castle in the Rig District Center July 8 for the first time, signaling the arrival of Afghan governance in the southern reaches of Helmand Province.

Khan Neshin and the areas south of the Helmand River have never experienced the sustained presence of coalition forces or Afghan National Security Forces, until now, seven days after the beginning of Operation Khanjar.

“The number one question we get from the people is, ‘when are you leaving?’” said Brig. Gen. Larry Nicholson, commanding general of Marine Expeditionary Brigade-Afghanistan. “The answer is we’re not leaving until the transition for security is made to the provincial government, to include the Afghan forces.”

Afghans from the local populace came to Khan Neshin shortly after the flag was raised, where they heard statements from Helmand Governor Gulab Mangal and newly-appointed Rig District Governor Massoud Jan. Dozens of locals then gathered around a large courtyard within the district center to sign up for voting in the upcoming national elections.

“Look at them,” said Gen. Muhaidin, brigade commander, 3rd Afghan National Army Brigade, 205 Corps, gesturing toward the crowd. “Now they know that the government is here and they have security. (The Afghans) have hope, that’s why they’re here.”



## Thank You USO!

Thank you to our local USO for coming out in the early morning hours to provide bags of items for our troops as they boarded the buses. We appreciate your support! <http://www.uso-nc.org/>

## Jacksonville Chili's - Supports our Troops

Chili's of Jacksonville invites you to eat out and support the troops! Once a month, eat at Chili's on Western Blvd in Jacksonville, and 10% of your total check goes to the USO of North Carolina! It's a great way to relax and support the troops at the same time! This offer is only good one day each month, so mark your calendar and eat at Chili's!

### Valid dates

Thursday, July 16 from 4:00pm to 11:00 pm

Thursday, August 20 from 4:00pm to 11:00 pm

Thursday, September 17 from 4:00pm to 11:00 pm

Thursday, October 15 from 4:00pm to 11:00 pm

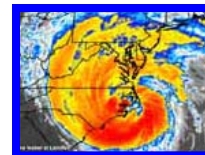
Thursday, November 19 from 4:00pm to 11:00 pm

Thursday, December 17 from 4:00pm to 11:00 pm

**Be sure to tell your server you are dining to support the USO!**



# Hurricane Season - Are You Ready?



## THE FOLLOWING ACTIONS SHOULD TAKE PLACE PRIOR TO A HURRICANE:

- Ensure that your vehicle has had proper maintenance, and that it has full tank of gas.
- Check your supply of special medicine and prescription drugs.
- Plan for care of pets if you are departing the area or going to a shelter. Pets are not permitted in shelters.
- Fill containers or bathtubs with water for drinking, washing, and cooking. It is recommended you store 3 gallons of water per person, per day.
- Stock up on food. The most useful food items are those that don't require refrigeration or lots of preparation,

such as canned foods.

- Ensure you have proper insurance coverage, either renters or homeowners.

## THE FOLLOWING ACTIONS SHOULD TAKE PLACE DURING A HURRICANE:

- Keep calm and remain alert.
- Stay indoors and away from windows.
- Stay informed through local media.
- Ensure you have a portable radio close by with extra batteries.

## THE FOLLOWING ACTIONS SHOULD BE TAKEN PLACE AFTER A HURRICANE:

- Watch out for down power lines.

- Watch out for dangerous poisonous and dangerous animals driven through high ground.
- Notify agencies for the reestablishment of essential services.
- Do not be rushed into signing a repair contract.
- Deal with reputable contractors. Pay only after a service has been completed.
- Check utility lines and appliances for damages.
- If electrical power is shorting out, turn off power and call for assistance.
- Tune to Marine Corps Base Camp Lejeune TV station for more information.

# American Red Cross - Your Emergency Contact

If you experience an emergency and need to contact your deployed Marine or Sailor the American Red Cross is the best point of contact. You must know the geographic location (**Afghanistan**) of the Marine or Sailor and the Unit (2D LAR BN, Det A).

The American Red Cross has a toll free number, (877) 272-7337. When calling please provide as much of the following information about the service member as is known: Full name, Rank/Grade, Branch of service (Navy, Marines), Social Security Number, date of birth, Military address, and information about the deployed unit and home base unit (shown above for deployed service members only). Website:

<http://www.redcross.org/portal/site/en/menuitem.d8aaccf214c576bf971e4cfe43181aa0/?vgnextoid=7f26912c9973b110VgnVCM10000089f0870aRCRD&vgnextfmt=default>

# MyCAA - What is it?

MyCAA provides up to \$6,000 of financial assistance for eligible spouses directly to participating schools or other programs. If they are already listed in the MyCAA system, a spouse and his/her school or other program is ready to proceed with their request for financial assistance. If not, the military spouse needs to click "Can't Find School" on the MyCAA website to request that his/her school or other program be added. MyCAA financial assistance will pay for expenses such as post-secondary education and training, tuition, licensing, and credentialing fees. It does not pay for computers, school application fees, graduation fees, student activity cards, child care, parking, transportation, medical services or testing fees. To get started use this link <https://aiportal.acc.af.mil/mycaa/>



## Family Newsletter

Office: (910) 451-1620

Cell: (910) 381-0651

Family Readiness

Information Line

1-800-230-8762

Press 5 for Menu

Press 5 again for CO's message

Local motels offering shelter to you and your pets in an emergency are:

Jacksonville Comfort Suites, 346-8900; Innkeeper, 938-0800; Sunset Inn, 347-3311; America's Best Value, 455-6888; Triangle Motor Inn, 455-4923; Hampton Inn, 347-6500; Cape Carteret Parkerton Inn, 252-393-9000

Area boarding facilities are:

Academy Animal Hospital, 353-3131; Animal House, 353-2684; Four seasons Pet care, 347-5298; Ideal Pet care, 324-1259; Town & country Pet Center, Inc., 455-5331

Conditions and fees may apply.

Availability is not guaranteed. Please call ahead.

## Marine Corps Family Team Building – July Events

11th Family Readiness Assistant Training

14th LINKS Spouse's Session - 0900-1630 - Call 451-1299 to register

14th Volunteer Tracking Tool Training

15th-16th Daddy's Baby Boot Camp/ Mom's Basic Training

16th Family Readiness Officer Training

17th-19th Marriage Enrichment Retreat

20th-21st LINKS Spouse's Session - 1700-2100 - Call 451-1299 to register

21st Family Readiness Assistant Training

22nd Family Readiness Advisor Training

22nd-23rd Marriage Enrichment (PREP)

23rd Kids-N-Deployment

23rd-24th "Before I Do" Workshop

27th-28th Mass Communication Tool Refresher

28th Resource Training (Mod 3 of VT)

29th-30th Family Readiness Assistant Training

Visit <http://www.mccslejeune.com/mcftb/index.html> for further information and contact numbers.

## Websites of Interest

This month, The Washington Post took pictures of our Marines in action. The links below will take you to two different galleries. Enjoy!

<http://www.washingtonpost.com/wp-dyn/content/gallery/2009/07/01/GA2009070103245.html>

<http://www.washingtonpost.com/wp-dyn/content/gallery/2009/07/06/GA2009070602454.html>

MCCS 2009 Event Listing: Also listed on 2D LAR BN's website.

[http://www.iimefpublic.usmc.mil/Public/InfolineMarines.nsf/0/DB49CD21F03F8D35852575CC00652124/\\$FILE/MCCS%20Event%20Listing%202009.pdf](http://www.iimefpublic.usmc.mil/Public/InfolineMarines.nsf/0/DB49CD21F03F8D35852575CC00652124/$FILE/MCCS%20Event%20Listing%202009.pdf)

Freeport Flag Ladies <http://www.freeportflagladies.com>

Hurricane Brochure - BE PREPARED!! [http://www.lejeune.usmc.mil/mcb/Hurricane\\_Brochure.pdf](http://www.lejeune.usmc.mil/mcb/Hurricane_Brochure.pdf)

Camp Lejeune, NC Hurricane Guide: <http://www.marines.mil/units/mcieast/mcblejeune/Pages/hurricane-guide/default.aspx>

American Red Cross - Onslow County Chapter - <http://onslow.redcross.org>

Armed Forces Information <http://www.marinetroopgreeters.com>